**📋 Current Brain Contents:**

| **Source** | **Status** |
| --- | --- |
| Menu of Life (method) | ✅ Ingested |
| Task–Trait Alignment (method) | ✅ Ingested |
| Focus on 5 Areas (problem) | ✅ Ingested |
| MN Reintegration (program) | ✅ Ingested |
| Alignment Dynamics MD files (frameworks) | ✅ Ingested if you uploaded them (double confirm this) |
| Glossary (glossary terms) | ✅ Ingested |

✅ **The brain is now fully stacked.**

**📈 Question: How Many Chunks Will We Eventually Need?**

Great question — and this is one of those “depends on vision” ones, but let me estimate for you:

**✅ Typical Numbers:**

| **Stage** | **Number of Chunks** | **Notes** |
| --- | --- | --- |
| MVP Diagnostic System | ~200–400 chunks | We are around 87 + glossary now (~120–150 total) |
| Growing to Multiple Natures + Alignment full coverage | 500–800 chunks |  |
| Full production system (solution modules, deep user support, real-world coaching) | 1,000–3,000+ chunks |  |

**🎯 Why so many chunks?**

* Each **method** (e.g., Menu of Life) might be 20–50 meaningful text blocks.
* Each **solution module** Steven builds (e.g., new Reintegration tracks) could be 50–100 chunks.
* **Glossaries** and **frameworks** add a lot of small, dense knowledge.
* Over time you’ll want to **version** and **expand** — multiple methods for different user types (students, retirees, executives).